

Mountain Waters Spa & Wellness Application

Name: _____ Date: _____

Address: _____
Street Address

City Province Postal Code

Phone: _____ Email: _____

Date Available: _____ Position Applying for: _____

How did you hear about the position: _____

Expected Starting Salary: _____

Are you a Canadian Citizen: Yes / No

If no, do you have a valid work visa: Yes / No

What products do you have experience working with: _____

Anything else you feel is relevant to this position: _____

What software systems do you have experience working with: _____

Education

School Name	Location	Years Attended	Degree Received	Major

References – please list three professional references

Name	Title	Company	Phone/Email

Employment History

Employer (1)	Job Title	Date Employed	
Responsibilities	Reason for Leaving	Supervisor	
Work Phone	Starting Pay	Ending Pay	
Address	City	Province	Postal Code
Employer (2)	Job Title	Date Employed	
Responsibilities	Reason for Leaving	Supervisor	
Work Phone	Starting Pay	Ending Pay	
Address	City	Province	Postal Code
Employer (3)	Job Title	Date Employed	
Responsibilities	Reason for Leaving	Supervisor	
Work Phone	Starting Pay	Ending Pay	
Address	City	Province	Postal Code
Employer (4)	Job Title	Date Employed	
Responsibilities	Reason for Leaving	Supervisor	
Work Phone	Starting Pay	Ending Pay	
Address	City	Province	Postal Code

Signature Disclaimer

I certify that the information I have given on this application is true and complete to the best of my knowledge. If this application leads to employment, I understand that any false or misleading information given, or the omission of any pertinent information in my application or interview may result in my release at any time. I hereby authorize Mountain Waters Spa Ltd. to investigate my record with my former employers and personal references.

If hired, I agree to abide by the policies, rules and expectations Mountain Waters Spa Ltd. I also understand that my employment is "at will" and that I can resign at any time and that I can be terminated at any time. Nothing herein or during my employment shall be considered an employment contract.

Name (Print)	Date and Signature
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Facials

Can Do

Willing to be Trained

Can Do	Facials	Willing to be Trained
	Facials	

Finishing Touches

Can Do

Willing to be Trained

Can Do	Finishing Touches	Willing to be Trained
	Arms Wax	
	Bikini Wax	
	Brazilian	
	Brow Shaping	
	Brow Tint	
	Chest Wax	
	Full Legs Wax	
	Half Legs Wax	
	Back Wax	
	Lash Tint	
	Lip & Chin Wax	
	Side Burns Waxing	
	Stomach Wax	
	Underarm Wax	

Sugaring

Can Do

Willing to be Trained

Can Do	Sugaring	Willing to be Trained
	Arms	
	Back	
	Bikini	
	Brazilian	
	Brow Shape	
	Chin	
	French Bikini	
	Full Body	
	Full Face including Brows	
	Full Face without Brows	
	Full Legs	
	Half Legs	
	Lip	
	Underarms	

Can Do	Threading	Willing to be Trained
	Brows	
	Chin	
	Upper Lip	

Can Do	Makeup	Willing to be Trained
	Cosmetic Coaching	
	Day Application	
	Evening Application	
	Eyes and Eye Lesson	
	Bridal Makeup	
	Grad Makeup	

Can Do	Manicures	Willing to be Trained
	French Polish	
	Manicure	
	Paraffin Dip - Manicure	

Can Do	Pedicure	Willing to be Trained
	French Polish	
	Pedicure	
	Paraffin Dip Pedicure	

Can Do	Salon	Willing to be Trained
	Colour – Highlights, Roots, All over	
	Ombre / Balayage	
	Up do's / Bridal / Grad Styles	
	Men's Cut	
	Women's Cut	
	Kids / Teen Cuts	
	Hot Towel Shave	
	Beard / Moustache Maintenance / Trim	

Can Do	Body Treatments	Willing to be Trained
	Body Polish	
	Body Wraps	
	Shirodhara	

Can Do Traditional Chinese Medicine

	Acupressure
	Acupuncture
	Acupuncture and Massage
	Facial Rejuvenation / Facial Acupuncture
	Firecupping
	Herbal Recommendations

Can Do Massage Willing to be Trained

	2 Hour Massage	
	4 Handed Massage	
	Acupressure	
	Aromatherapy	
	Ayurvedic Consultation	
	Ayurvedic Head Massage – 30, 45, 60 Minutes	
	Ayurvedic Massage / Abhyanga	
	Bio-dynamic Craniosacral Therapy - 60, 75, 90 Minutes	
	Breast Massage	
	Chair Massage	
	Craniosacral Therapy - 60, 75, 90 Minutes	
	Deep Tissue Massage – 30, 45, 60, 75, 90 Minutes	
	Health Consult	
	Hot Stone Massage – 60, 75, 90 Minutes	
	Infant Massage	
	Lymphatic Drainage	
	Myofascial Cupping - 60, 75, 90 Minutes	
	Myofascial Release - 30, 45, 60, 75, 90 Minutes, 2 hours	
	Prenatal Massage - 1st Trimester	
	Prenatal Massage - 30, 45, 60, 75, 90 Minutes	
	Reflexology – 30, 45, 60 Minutes	
	Reiki - 60, 75, 90 Minutes	
	Relaxation Massage - 30, 45, 60, 75, 90 Minutes	
	Shiatsu - 60, 75, 90 Minutes	
	Sport Massage - 30, 45, 60, 75, 90 Minutes	
	Thai Massage - 60, 75, 90 Minutes	
	Trigger Point	
	Other – please note	

Can Do	Yoga/Fitness	Willing to be Trained
	Vinyasa Yoga	
	Hatha Yoga	
	Ashtanga Yoga	
	Iyengar Yoga	
	Power Yoga	
	Yin Yoga	
	Kundalini Yoga	
	Prenatal Yoga	
	Bikram Yoga	
	Restorative Yoga	
	Anusara Yoga	
	Aerial Yoga	
	Acro / Partner Yoga	
	Small Group Training	
	Personal Training	
	TRX	
	Bosu Classes	
	Ball Classes	
	Pilates	
	Barre	
	Zumba	
	Toning and Strength Training	
	Interval Training / HIIT	
	Functional Fitness	
	Other	